

FREE HEALTH MEDICAL CAMP KIGOMA-KASULU

22nd -25th May 2024

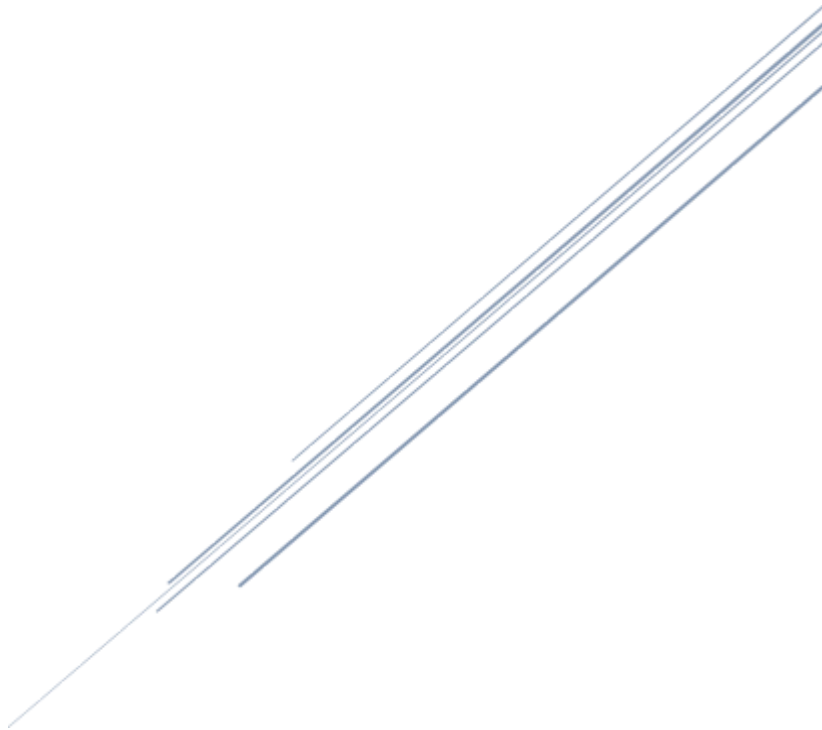


TABLE OF CONTENT

Contents

1.		
BACKGROUND		2
2. OBJECTIVES		3
3 CAMP MARKETING AND AWARENESS		4
4. THE NUMBER OF PATIENTS REGISTERED		4
5. COMMON DISEASES IDENTIFIED		6
6. PARTNER & STAKEHOLDERS		6
7. MAJOR AND MINOR SURGERIES REFERRED TO MAWENI KIGOMA REGIONAL HOSPITAL		7
8. CHALLENGES AND HOW TO IMPROVE OUR HEALTH CAMP IN FUTURE		9
9. GENERAL SUGGESTIONS, CONCERN AND COMMENTS		9
10. MONITORING AND EVALUATION		9
11. CONCLUSION AND RECOMMENDATION		10
12. ACTIVITY PHOTOS		14

1. BACKGROUND

1.1 INTRODUCTION

LALJI FOUNDATION

The Lalji Foundation is a Non-Government Organization established in Tanzania in the year 2022 with Registration number **00NGO/R/4407**. The foundation, founded by the Lalji family of Tanzania, is a testament to our commitment to give back to the community and enhance the quality of life for all. With a deep-rooted belief in the power of collective progress, we dedicate ourselves to the development of an inclusive human society. Our Foundation aims to help people in different groups, especially those with special needs.

The primary aim of the Foundation is to work towards the development of an inclusive human society and improve the quality of their lives by empowering people to be self-sufficient economically using education, skills development and financial assistance.

KIGOMA HILLTOP HOTEL

Kigoma Hilltop Hotel is a 4-star property based in Kigoma, built on the shores of Lake Tanganyika. It is a Tanzania-owned business that aims to use part of its proceeds to support community development and economic empowerment as its Corporate Social Responsibility. Over the years Kigoma Hilltop Hotel has sponsored various humanitarian programs in Kigoma region such as establishing water wells, hosting free eye camps and cataract surgeries in the villages of Kigoma.

GAME FRONTIERS OF TANZANIA

Game Frontiers of Tanzania is an established hunting outfit with extensive experience in Tanzania's bush and wildlife. The company also carries out anti-poaching and wildlife protection activities in different game reserves around Tanzania.

As part of its corporate social responsibility, Game Frontiers of Tanzania dedicates parts of its proceeds to help the impoverished communities living near the game reserves. Over the years it has supported schools and hospitals by building community centres and wells to access clean water. They offer employment and training opportunities to local villagers to enhance their quality of life.

MAJEY FOUNDATION

Majey Foundation works with different donors to establish medical and eye camps in the different regions and villages of Tanzania. They have a well-established team of professional doctors and nurses and medical equipment that moves around Tanzania to carry out medical outreach programs specifically in underprivileged societies, ensuring free services for all individuals who need eye screening, eye medication, cataract surgery and other medical requirements.

The Health medical camp at Kigoma-Kasulu.

The camp included medical professionals/specialists including general practitioners, Obs/Gynae, Orthopaedics, Paediatricians and Urology. All patients were screened for blood pressure, diabetes, eye screening before being referred to specialist doctors at the Kasulu District Hospital.

The sponsors were LALJI FOUNDATION, GAME FRONTIERS and KIGOMA HILLTOP HOTEL who Collectively donated **37,925,000/=** Shillings for the Medical Health Camp. The 4 day camp was conducted from **22nd May up to 25th May 2024** at Kasulu District Hospital.

The Official Guest was **Mr Semistatus Mashimba, Director of the Kasulu District Council**, who reported a turnout of more than 1700 people over the four-day camp. This proved the continuous demand for specialized healthcare services among the public.

2. OBJECTIVES

- To provide initial care to people in life-threatening conditions which reflects the unique strengths and goals of medical ethics.
- Provide free and high-quality medical services for the poor population.
- Raise health awareness among the community and teach them to deal with communicable and non-communicable
- Register rare and severe cases and refer them to specialised centres.
- Evaluate the living conditions and determine the obstacles and challenges to work on solving their problems.
- Refer medical cases towards surgeries if required.

Evaluation process/procedure

- People get registration first before going to the Doctor.
- Measuring height and weight
- Urine test and malaria test when indicated
- Physical examination by a medical doctor
- People see a doctor to find out what their eye problem is.
- To Give medication (pharmacy)
- People are undergoing eye surgery.
- People get an awareness of eye protection.

3 MEDICAL CAMP MARKETING AND AWARENESS

SN	Marketing	Awareness
1.	Print media and radio announcement	Disseminate camp information to large audiences, and illiterate stakeholders Inform stakeholders about the medical camp
2.	District government officers	a way of gathering data by observing and or noting physical characteristics of their cultural diseases
3	Word of Mouth	Announcement by using loudspeakers on the streets of Kasulu

4. THE NUMBER OF PATIENTS REGISTERED

DAYS	DATE	REGISTRATION
DAY 1	22 nd May 2024	364
DAY 2	23 rd May 2024	434
DAY 3	24 th May 2024	705
DAY 4	25 th May 2024	221
TOTAL		1724

SPECIALIST DOCTORS' AT THE CAMP.

SN	NAME	SPECIALITY	WORKING AT
1.	Dr. JAFAR MAJALA	OPHTHALMOLOGIST	MAWENI
2.	Dr. GOBLESS KIMARO	GYNAECOLOGIST	MAWENI
3.	Dr. FRANK SUDAI	SURGEON	MAWANI
4.	Dr. YAKAYASHI ANDREW	PAEDIATRICIAN	MAWENI
5.	Dr. HENRY BIGUZA	UROLOGIST	MAWENI
6.	FRANSISCA LUTUMULA	NUTRITION	MAWENI

MAJEY FOUNDATION STAFF

SN	NAME	POSITION
1.	JAFAR MAJALA	OPHTHALMOLOGIST
2.	AMINA HUSSEIN	OPHTHALMIC - NURSE
3.	KHADIJA KHAMIS	NURSE
4.	HALIMA KABEZA	NURSE
5.	JAZBA MUSSA	NURSE
6.	MWANAISHA MAJALA	OPTOMETRIST
7.	TUMSIME MASHKURA	OPTOMETRIST

Daily Activity Schedule (22nd -25th May 2024)

DAYS	TIME	ACTIVITY	AREA
Day 1 – Day 3	8:30 am - 2:00 pm	<ol style="list-style-type: none"> 1. Registration 2. Check blood pressure 3. Test for diabetes 4. Weighing 5. Eye screening 6. Meet the physician <ul style="list-style-type: none"> ▪ Ophthalmologist ▪ Gynaecologist ▪ Surgeon ▪ Paediatrician ▪ Urologist ▪ nutrition 	Kasulu District Hospital
	2:00 pm - 6:00 pm	People continue to receive treatment from the physician	
	4:00 pm -11:00 pm	People are undergoing cataract surgery	

DAYS	TIME	ACTIVITY	AREA
Day 4	8:30 am - 2:00 pm	1. Registration 2. Check blood pressure 3. Test for diabetes 4. Weighing 5. Eye screening 6. Meet the physician <ul style="list-style-type: none"> ▪ Ophthalmologist 	Kasulu District Hospital
	4:00 pm -11:00 pm	People are undergoing cataract surgery	

5. COMMON DISEASES IDENTIFIED

- Malaria
- Anemia
- Surgical site infection
- Typhoid

OPHTHALMOLOGY EYE DEPARTMENT

Dr Majala provided opportunity for patients to ask questions about eye treatment after getting surgery in the Health medical camp.

Among the questions asked during the awareness in sight camp include the following.

1. Both eyes have cataracts, how long will the second eye be done?
2. What if we can do heavy work and stoop?
3. How long do we use medicine?
4. How long do we wear glasses?
5. Can they apply oil on their face?
6. Is the medicine applied to only one eye?

6. PARTNER & STAKEHOLDERS

Partner/ Stakeholder	
LALJI FOUNDATION	PROJECT
MAJEY FOUNDATION	PROJECT
GAME FRONTIERS	CSR
HILLTOP HOTEL	CSR

OPHTHALMOLOGY SURGERIES

DAYS	DATE	CATARACT SURGERY
DAY 1	22 nd May 2024	34
DAY 2	23 rd May 2024	59
DAY 3	24 th May 2024	49
DAY 4	25 th May 2024	55
	TOTAL	197

PAEDIATRICIAN, OBS+GYNO AND UROLOGIST

DAYS	DATE	PAEDIATRICIAN, OBS+GYNO,UROLOGIST
DAY 1	22 nd May 2024	202
DAY 2	23 rd May 2024	264
DAY 3	24 th May 2024	390
	TOTAL	856

NUMBER OF PATIENTS WHO RECEIVED MEDICINES AND GLASSES

DATE	NUMBER OF PATIENTS MEDICINE AND GLASSES
22 nd May 2024	95
23 rd May 2024	110
24 th May 2024	200
25 th May 2024	266
TOTAL	671

7. MAJOR AND MINOR SURGERIES REFERRED TO MAWENI KIGOMA REGIONAL HOSPITAL

S/N	DETAILS	NUMBER
1.	Major surgeries	10
2.	Minor surgeries	15

LIST OF MINOR SURGERIES REFERRED TO MAWENI REGIONAL HOSPITAL

SN	NAMES	TYPES OF SURGERY	CONTACT
1.	ELISIA WILLIAM	LIPOMA EX	0765409694
2.	ABDALA MASHI	OSTEOMYELITIS	0693611108
3.	ASHA IDRISA	OESULITS	0615546676
4.	GRACE GABRIEL	LIPOMA EX	0746275745
5.	ADELINA CHUKS	FIBROMATOSIS	0753774549
6.	VERONICA ERNEST	LIPOMA	0763004646
7.	SHIDA YOHANA	LIPOMA	0752252318
8.	ZUBEDA ILANI	LIPOMA	0752906617
9.	RAVITHA RUDONDI	DENTAL ABSCESS	0715425465
10.	KIZA AMANI	I- HERNIA	0766013526
11.	ALISTUS WAKATI	U-HERNIA	0769657667
12.	ELISHA DANIEL	OTH REV	0753377747
13.	BEATRICE EMMANUEL	D-REV	0742461070
14.	AZIRA SIMON	SPLENOMOR	0727186413
15.	PENINA KUNDORI	D-REV	0715425465

LIST OF MAJOR SURGRIES REFFERED TO MAWENI REGION HOSPITAL

SN	NAME	TYPE OF SURGERY	CONTACT
1.	HAMIS KALIMANZILA	L HYDROCEL	0753665668

2.	GIDEON KISEREHE	BPH	0755476560
3.	DANIEL IMANI	HYPOSPADIOSIS	0627515232
4.	ELIAS GIDION	BPH	0755476569
5.	CHANGWA DISMAS	BPH	0765801048
6.	STEPHANO NGONGA	BPH	0762957339
7.	ELDAAD ERASTO	BPH	0763437495
8.	AGNES VICENT	GOITRE	0756411884
9.	MERIANA GILIBWA	GOITRE	0752992304
10.	ERNEST GOZA	BPH	0765538912

8. CHALLENGES AND HOW TO IMPROVE OUR HEALTH CAMP IN FUTURE

- The health services camp in the Kasulu district faced significant challenges leading to its less-than-expected turnout. One of the primary obstacles was a lack of awareness among the local population, primarily due to insufficient advertising efforts. For future camps, we need to put more effort into advertisements in churches, mosques and the local markets.
- In future camps we should include more numbers of Doctors and Nurses in order to sustain the huge number of patients and reduce long ques and delays.
- In order to have better focus and services, it is advisable in future to arrange seperately the eye camps and other medical camps. They should not be combined.

9. GENERAL SUGGESTIONS, CONCERN AND COMMENTS

- *Imtiaz Lalji, Chairman of the Lalji Foundation*, emphasized their commitment to improving healthcare access in Kigoma citing their familial ties to the region as the driving force behind their sponsorship of such a camp.

- **Mohammed Taki, Director of Game Frontiers**, indicated plans for future camps in response to the significant need observed in Kigoma and other regions across the country
- LALJI FOUNDATION pledged to hold more health camps in the villages of Tanzania
- Patients appreciated and thanked the LALJI FOUNDATION, GAME FRONTIERS, and KIGOMA HILLTOP HOTEL for the service of the Health Medical Camp.

10. MONITORING AND EVALUATION

Monitoring and evaluation will be carried out by MAJEY FOUNDATION in collaboration with the Kasulu district Hospital, Doctors will be responsible for the coordination, Monitoring and Evaluation work.

11. CONCLUSION AND RECOMMENDATION

Medical camps serve humanity by caring for sick children and adults and giving them healthcare services for free. When the majority of hospitals and clinics are unaffordable for the poor people leaving them to die from diseases, trauma, and other health complications, free medical and eye camps are their biggest hope to attain basic medical services to improve their health and wellbeing.

LALJI FOUNDATION should continue to look for partners and organize more medical and eye camps in the villages of Tanzania so that more and more local villagers get access to free health care and improve their overall wellbeing and quality of life.

JAMHURI YA MUUNGANO WA TANZANIA

**OFISI YA RAIS
TAWALA ZA MIKOA NA SERIKALI ZA MITAA**

Anuani ya Simu "TAMISEMI" DODOMA
Simu Na: +255 26 2321607
Nukushi: +255 26 2322116
Barua pepe: ps@tamisemi.go.tz



Mji wa Serikali – Mtumba,
Mtaa wa TAMISEMI,
S.L.P. 1923,
41185 DODOMA.

Unapojibu tafadhali taja:-

Kumb. Na. BC. 12/280/03

16/04/2024

Katibu Tawala wa Mkoa,
Ofisi ya Mkuu wa Mkoa,
S.L.P 125,
KIGOMA.

YAH: KAMBI YA HUDUMA ZA KIBINGWA BILA MALIPO

Tafadhali husika na somo hapo juu.

2. Ofisi ya Rais - TAMISEMI imepokea barua kutoka shirika lisilo la Kiserikali la *Majay Foundation* likiomba kufanya kambi ya huduma za kibingwa katika mkoa wa Kigoma Halmashauri ya Mji wa Kasulu.
3. Huduma zitakazotolewa ni pamoja na huduma za Macho, Magonjwa ya akina mama, Magonjwa ya mfumo wa Mkojo, magonjwa ya Watoto na huduma za upasuaji. Aidha, huduma hizi zitatolewa bila malipo kuanzia tarehe **22-25 Mei, 2024** katika hospitali ya Halmashauri ya Mji wa Kasulu kwa kushirikiana na madaktari bingwa kutoka Mkoa wa Kigoma na Majay Foundation.
4. Kwa barua hii, naomba kukutaarifu juu ya uwepo wa huduma hii na pia umwelekeze Mkurugenzi Mtendaji wa Halmashauri ya Mji wa Kasulu ili kutoa taarifa kwenye vituo vya kutolea huduma za afya juu ya uwepo wa huduma hii katika Halmashauri husika ili wananchi walio maeneo ya karibu waweze kufaidika na huduma hii muhimu.
5. Ninakushukuru kwa ushirikiano wako.

Dkt. Rashid S. Mfaume
Kny: **KATIBU MKUU**

Nakala: Majay Foundation
SLP 80012
DAR ES SALAAM.

BUDGET.

LALJI FOUNDATION MULTISPECIALITY MEDICAL CAMP –KIGOMA, APPROXIMATE 3000 PEOPLE FOR UNDERGOING EYE SCREENING (APRIL 2024)

THE CAMP WILL BE 4 DAYS EYE

OTHER SPECIALITY 2 DAYS SCREENING

IF THERE WILL BE OPERATION LIST OTHER THAN EYE, THEY WILL BE ATTENDED AT KIGOMA REGIONAL HOSPITAL

SPECIALITIES:

OPHTHALMOLOGY TEAM

OBS+GYN

UROLOGY

PAEDIATRICS/NUTRITIONIST SURGERY

CATEGORY	STAFF NUMBERS	DAYS	AMOUNT	TOTAL
SPECIALISTS	5	2	200,000*2 DAYS	2,000,000
NURSES	10	2	120,000*2 DAYS	2,400,000
TOTAL				4,400,000

	APPROX NUMBER	APPROX PRICE		AMOUNT
MAJOR SURGERIES	10	300,000		3,000,000
POST OP MED	10	100,000		1,000,000
MINOR SURGERIES	15	100,000		1,500,000
POST OP MED	15	50,000		750,000
OTHER OPD MEDICINE				2,000,000
SCREENING TOOLS		3000		1,000,000
TOTAL				9,250,000

EYE SECTION

	NUMBERS	PRICE @		AMOUNT
CATARACT SURGERIES	200	90,000	INCLUDING POST-OP MED+SUNGLASSES	18,000,000
OPD MED				1,500,000
READERS	200	3,000		600,000
PRESCRPTION SPECTACLES	60	20,000		1,200,000
TOTAL				20,300,000
GRAND TOTAL				34,950,000

ACTUAL EXPENDITURE.

LALJI FOUNDATION MULTISPECIALITY MEDICAL CAMP –KIGOMA, APPROXIMATE 3000 PEOPLE FOR UNDERGOING EYE SCREENING (APRIL 2024)

THE CAMP WILL BE 4 DAYS EYE

OTHER SPECIALITY 3 DAYS SCREENING

IF THERE WILL BE OPERATION LIST OTHER THAN EYE, THEY WILL BE ATTENDED AT KIGOMA REGIONAL HOSPITAL

SPECIALITIES:

OPHTHALMOLOGY TEAM

OBS+GYN

UROLOGY

PAEDIATRICS/NUTRITIONIST SURGERY

CATEGORY	STAFF NUMBERS	DAYS	AMOUNT	TOTAL
SPECIALISTS	5	3	200,000*3 DAYS	3,000,000
NURSES	10	3	120,000*3DAYS	3,600,000
TOTAL				6,600,000

	APPROX NUMBER	APPROX PRICE		AMOUNT
MAJOR SURGERIES	10	300,000		3,000,000
POST OP MED	10	100,000		1,000,000
MINOR SURGERIES	15	100,000		1,500,000
POST OP MED	15	50,000		750,000
OTHER OPD MEDICINE				2,000,000
SCREENING TOOLS		1700		1,000,000
TOTAL				9,250,000

EYE SECTION

	NUMBERS	PRICE @		AMOUNT
CATARACT SURGERIES	197	90,000	INCLUDING POST-OP MED+SUNGLASSES	17,730,000
OPD MED				1,500,000
READERS	370	3,000		1,110,000
PRESCRPTION SPECTACLES	81	20,000		1,620,000
TOTAL				21,960,000
GRAND TOTAL				37,810,000

12. ACTIVITY PHOTOS



Director of Kasulu District Council, specialists together with sponsors



Lalji Foundation and Game Frontiers members together with the Director of Kasulu District Council



Registration on Health Medical Camp Kigoma-kasulu



Health medical camp registration





Cataract surgery room



Weighing



Diabetes Test



People waiting to receive treatment



The doctor examining the eye



People waiting to receive treatment



Gynaecologist giving treatment to women



Kasulu Medical Camp Registration

Kasulu residents ask for regular specialist medical camps

By **DAILY NEWS**
Reporter

RESIDENTS of Kasulu District in Kigoma Region have asked the public and private hospitals to establish a regular schedule for specialist medical camps at least once a month in their area.

This plea came few days after specialist doctors from Maweni Regional Referral Hospital conducted medical check-up at Kasulu District Hospital. Over 7,000 residents turned out for check-up during the four days medical camp in the district.

The residents stressed the importance of accessible healthcare in reducing both travel costs and the burden of seeking medical attention.

This appeal comes in the wake of a collaborative effort by the Majey Foundation, Lalji Foundation, Game Frontiers, and

Hiltop, who sponsored the medical camp.

Bringing specialist services closer to the community has been highly beneficial, according to local residents.

Mr Juma Bujuibili of Kasulu town highlighted the financial constraint on rural dwellers, stating, "Many of us rely on agriculture to sustain our livelihoods, making it difficult to afford the costs of seeking specialized medical care in referral hospitals."

Echoing these sentiments, Yona Kazamaso noted that while many suffer from various diseases, the fear of excessive medical expenses often deters them from seeking specialist care.

"The recent five-day specialist camp, however, has provided free consultations and treatments," he said.

Imtiaz Lalji, Chairman of the Lalji Foundation,

emphasised their commitment to improving healthcare access in Kigoma, citing their familial ties to the region as a driving force behind their sponsorship of such camps.

Mohammed Taki, Director of Game Frontiers, indicated plans for future camps in response to the significant need observed in Kigoma, despite their past engagements in various regions across the country.

Dr Frank Sudai, a specialist in surgery, pointed out common health issues observed among patients, notably hypertension resulting from poor dietary habits and lifestyles.

Mr Semistatus Mashimba, Director of the Kasulu District Council, reported a turnout of over 1,800 individuals per day over the four-day camp, underscoring the continuous demand for specialized healthcare services among the public.

DAILY NEWS

THURSDAY, MAY 30, 2024

PAGE NO 4



Kasulu District residents pictured at the weekend registering for medical attention at a five-day camp that has attracted specialist doctors from Kigoma Maweni Regional Referral Hospital. Photo: Guardian Correspondent

By Guardian Correspondent, Kasulu

Establish free medical camps once a month, hospitals urged

PUBLIC and private hospitals have been urged to establish a regular schedule for free-medical camps at least once a month.

A cross-section of residents in Kasulu District in Kigoma Region made the plea here during a recent free medical check-up at Kasulu District Hospital.

The free medical check-ups were conducted by doctors from Maweni Regional Referral Hospital in Kigoma with the support from Majey Foundation, Lalji Foundation, Game Frontiers, and Hiltop. The five-day specialist camp provided free consultations and treatments to hundreds of residents in the district.

Residents stressed the

importance of accessible healthcare in reducing both travel costs and the burden of seeking medical attention.

They said that bringing specialist services closer to the community has been highly beneficial.

JumaBujibili, a resident of Kasulu town highlighted the financial strain on rural dwellers, stating: "Many of us rely on agriculture to sustain our livelihoods, making it difficult to afford the costs of seeking specialized medical care in referral hospitals."

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Dr Frank Sudai, a specialist in surgery, pointed out common health issues observed among patients, notably hypertension resulting from poor dietary habits and lifestyles.

Semistatus Mashimba, Kasulu District Council executive director said that a turnout of over 1,800 individuals per day over the five-day camp, underscoring the continuous demand for specialized healthcare services among the public.