
FREE EYE MEDICAL CAMP VIJIBWENI-KIGAMBONI DAR ES SALAAM

4 – 6 OCTOBER 2024



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1. BACKGROUND

1.1 INTRODUCTION

LALJI FOUNDATION

The Lalji Foundation is a Non-governmental organization established in Tanzania in 2022; its registration number is **00NGO/R/4407**. The foundation, founded by the Lalji family of Tanzania, is a testament to our commitment to give back to the community and enhance the quality of life for all. With a deep-rooted belief in the power of collective progress, we dedicate ourselves to developing an inclusive human society.

The Foundation aims to help people in different groups, especially those with special needs. Its primary aim is to work towards the development of an inclusive human society and improve the quality of people's lives by empowering people to be self-sufficient economically through education, skills development, and financial assistance.

LIONS CLUBS INTERNATIONAL

Lions Clubs International Foundation is created, with the mission "to support the efforts of Lions clubs and partners in serving communities locally and globally, giving hope and impacting lives through humanitarian service projects and grants."

LALJI FOUNDATION supported the Health Medical Camp in Vijibweni Municipal Hospital in collaboration with Lion International Clubs. Lalji Foundation donated 17,000,000/= million to Health Medical Camp. The 3-day camp was conducted from **4th-6th August 2024** at Kigamboni Dar es Salaam.

2. OBJECTIVES.

- To create awareness among the general public about eye care.
- Provide medical treatment to those suffering from eye ailments.
- Provide spectacles to correct the refractive error of those suffering from low vision.
- Facilitating cataract surgeries through modern techniques
- To provide initial care to people in life-threatening conditions which reflects the unique strengths and goals of medical ethics.
- Provide free and high-quality medical services for the poor population.
- Register rare and severe cases and refer them to specialised centres.

DR FAUSTIN NDUGULILE.

The World Health Organization (WHO) Regional Director for Africa and Member of Parliament in Kigamboni, Dr Faustine Ndugulile, has urged citizens to establish routine health check-ups to stay informed about their health status.

Dr Faustine Ndugulile made these remarks while launching the three-day eye treatment camp at Vijibweni Hospital in the Kigamboni District. The LIONS organised the camp in collaboration with the LALJI FOUNDATION.

Evaluation process/procedure

- People get registration first before going to the Doctor.
- Measuring height and weight
- Urine test and malaria test when indicated
- Physical examination by a medical doctor
- People see a doctor to find out what their eye problem is.
- To Give medication (pharmacy)
- People are undergoing eye surgery.
- People get an awareness of eye protection.

3. MEDICAL CAMP MARKETING AND AWARENESS

SN	Marketing	Awareness
1.	Print media and radio announcement	Disseminate camp information to large audiences, and illiterate stakeholders. Inform stakeholders about the medical camp
2.	District government officers	a way of gathering data by observing and or noting physical characteristics of their cultural diseases
3	Word of Mouth	Announcement by using loudspeakers on the streets of Kasulu

4. THE NUMBER OF PATIENTS REGISTERED/ SPECTACLES AND CATARACT SURGERY 4TH -6TH OCTOBER 2024

ITEMS	NUMBERS
REGISTRATION	2678
SPECTACLES	1380
CATARACT SURGERY	212
TOTAL	4270

MAJEY FOUNDATION STAFF

SN	NAME	POSITION
1.	JAFAR MAJALA	OPHTHALMOLOGIST
2.	AMINA HUSSEIN	OPHTHALMIC - NURSE
3.	KHADIJA KHAMIS	NURSE
4.	HALIMA KABEZA	NURSE
5.	JAZBA MUSSA	NURSE
6.	MWANAISHA MAJALA	OPTOMETRIST
7.	TUMSIME MASHKURA	OPTOMETRIST

Daily Activity Schedule (4th - 6th October 2024)

DAYS	TIME	ACTIVITY	AREA
Day 1 – Day 3	8:30 am - 2:00 pm	1. Registration 2. Check blood pressure 3. Test for diabetes 4. Weighing 5. Eye screening 6. Meet the physician <ul style="list-style-type: none"> ▪ Ophthalmologist 	KIGAMBONI Vjibweni municipal Hospital
	4:00 pm -11:00 pm	People are undergoing cataract surgery	

OPHTHALMOLOGY EYE DEPARTMENT

Dr Majala provided an opportunity for patients to ask questions about eye treatment after getting surgery in the Health medical camp.

Among the questions asked during the awareness in sight camp include the following.

1. Both eyes have cataracts, how long will the second eye be done?
2. What if we can do heavy work and stoop?
3. How long do we use medicine?
4. How long do we wear glasses?
5. Can they apply oil on their face?
6. Is the medicine applied to only one eye?

5. PARTNER & STAKEHOLDERS

SN	Partner/ Stakeholder	
1.	LALJI FOUNDATION	PROJECT
2.	LIONS INTERNATIONAL CLUB	PROJECT
3.	MAJEY FOUNDATION	OPERATIONS
4.	DTB BANK	CSR
5.	DAR ES SALAAM GLASS WORK	CSR
6.	EURO CABLES	CSR
7.	HERALD PRINTING WORK LIMITED	CSR
8.	ZIL	CSR
9.	BETA CHARITABLE TRUST	CSR
10.	REFUELLING SOLUTIONS	CSR
11.	MORAF	CSR
12.	AFYA	CSR

6. GENERAL SUGGESTIONS, CONCERN AND COMMENTS

- **Dr Faustine Ndugulile** encouraged residents of Kigamboni and surrounding areas to take advantage of the medical camp to improve their participation in daily activities.
- **The chairman of the Lalji Foundation Mr. Imtiaz Lalji** expressed hopes of serving about 3,000 patients and encouraging Kigamboni residents to take advantage of the opportunity.

Mr. Imtiaz Lalji added that such medical camps will be an ongoing initiative, held in various areas to ensure continued community benefit.

- The president of LIONS Mr Mahmood Rajvani said the importance of taking care of the eye in general and setting up camp for the people of Kigamboni because there is a great need.

7. MEDIA COVERAGE

- Television – IBN TV and Channel Ten
- Blogs – millardayo.com
- Social media - Instagram and Facebook
- Newspapers – Daily News

8. MONITORING AND EVALUATION

Monitoring and evaluation will be carried out by MAJEY FOUNDATION in collaboration with the Vijibweni Municipal Hospital Doctors will be responsible for the coordination, Monitoring and Evaluation work.

9. CONCLUSION AND RECOMMENDATION

LALJI FOUNDATION should continue to look for partners and organize more medical and eye camps in the villages of Tanzania so that more and more local villagers get access to free health care and improve their overall well-being and quality of life.



LION CLUB OF DAR ES SALAAM (HOST)

LALJI FOUNDATION
P.O. Box 21017
DSM.

SUBJECT: SPONSORSHIP REQUEST FOR EYE CAMP IN VIJIBWENI HOSPITAL, KIBADA KIGAMBONI

DAR ES SALAAM

Dear

LUTIAZ LALJI - CHAIRMAN,

I hope this letter finds you well,

I am writing to you on behalf of Lions Club of Dar-es-salaam (host), a non-profit organization committed to serve the underserved communities. Our organization is planning an eye camp in Kigamboni, and we are seeking sponsorship from your company / organization in Tanzania to support this vital initiative.

Introduction to the Eye Camp

The eye camp is scheduled to take place from Friday 4, 5 and 6 October 2024 at Vijibweni Hospital, Kibada Kigamboni Dar es Salaam. This event aims to provide free eye check-ups, prescription glasses, and cataract surgeries to those in need. The region of Dar es Salaam has a significant population suffering from various eye-related issues, yet many cannot afford the necessary medical care. By organizing this camp, we hope to bring much-needed eye care services to the community, improving their quality of life and empowering them to be more productive members of society.

Objectives and Goals

Our primary objectives for this eye camp are:

- 1, Conducting Eye Examinations: Offering comprehensive eye check-ups to diagnose and treat common eye conditions;
2. Providing Prescription Glasses: Distributing free prescription glasses to those diagnosed with vision impairments;
3. Performing Cataract Surgeries: Conducting cataract surgeries for patients who require them, restoring their vision; and
4. Raising Awareness: Educating the community about the importance of eye health and preventive measures. _
5. Empowering the Community: Ensuring that individuals who receive treatment can continue impact and Benefits

The anticipated impact of the eye camp includes:

1. Improved Vision and Health: Directly enhancing the eyesight of hundreds of individuals;
2. Economic Empowerment: Enabling beneficiaries to participate more effectively in economic activities;
- 3, Educational Advancement: Helping students with vision problems perform better academically; and
4. Community Well-being; Promoting overall health and well-being within the community.

Request for Sponsorship

To successfully execute this event, we are seeking financial support from your company / organization in Tanzania. Specifically, we are requesting sponsorship to cover the following costs;

1. Medical Supplies: Purchase of eye examination equipment, prescription lenses, and surgical instruments;
2. Logistics: Transportation, accommodation, and meals for the medical team and volunteer s.
3. Awareness Campaigns: Printing and distribution of information: materials to educate the community about the eye camp; and
4. Operational Costs: Venue rental, administrative expenses, and other miscellaneous costs.

The total cost of the camp in Dar es Sataarn will be to the tune of Tzs 30, 75M which will cover approximately 150 cataract surgeries and serving more than 2000 people.

We are confident that your company/organization involvement in this initiative wi!! Not only contribute significantly to the success of the eye camp but a; also demonstrates the bank's commitment to social responsibility and community development. Your support is prominently

acknowledged through various channels, including our promotional materiÆ! i, Inedia coverage, and during the event itself.

Conclusion

We believe that with your company/organization partnership, this eye camp can make a lasting difference in the lives of many individuals in Dar es Salaam, We would be honoured to discuss this opportunity further and explore how we can collaborate to achieve our shared goals.

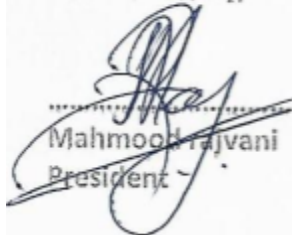
Please find attached our detailed proposal and budget for the eye We look forward to the possibility of working together and making a positive impact on the War es Salaam community.

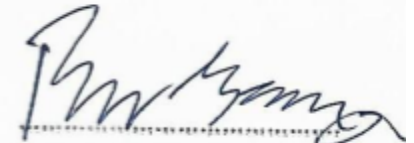
Thank you for considering our request. We are hopeful for a positive response and look forward to the opportunity to discuss this further.

Bank details are as under:

Bank Name	:	Diamond Trust Bank Limited
Bank Account Name	:	Lions Club of Dar es Salaam (HOST)
Account Number	:	0403418005
Swift Code	:	DTKETZTZ

Yours sincerely,


.....
Mahmood Rajvani
President


.....
Babula V. Chudasama
Sight First Convenor

BUDGET FOR EYE CAMP AT KIGAMBONI IN OCTOBER 2024

S/ NO	ITEMS	QTY	AMOUNT
1	OPTOMETRIES X 3DAYS	10	3,000,000.00
2	OPHTHALMOLOGIST 3DAYS	2	600,000.00
3	NURSES X 3DAYS	25	3,750,000.00
4	CHAIRS X 3DAYS	500	750,000.00
5	TABLES X 3DAYS	25	150,000.00
6	TENTS X 3DAYS	2	300,000.00
7	STAFF FOOD X 3DAYS	50	600,000.00
8	TEA / COFFEE / MILK X 3DAYS		100,000.00
9	CARTONS WATER X 3DAYS	100	900,000.00
10	BISCUITS X 3DAYS		300,000.00
11	GRASSROOT CAMPAIGN TV, RADIO FLYERS BANNERS		1,000,000000
12	TRANSPORT X 3DAYS		300,000.00
13	DIABETES CAMP		2,000,000.00
14	PAIRS SPECTABLES	1000	3,000,000.00
15	MEDICINE EYE DROPS		2,000,000.00
16	CATARACT SURGERIES	150	12,000,000.00
TOTAL TSHS			30,750,000.00

JAMHURI YA MIJUNGANO WA TANZANIA

OFISI YA RAIS

TAWALA ZA MIKOA NA SERIKALI ZA MITAA

Anuani ya Simu "TAMISEMI"

Simu Na: +255 26 2321607 Mtaa wa
2322116S.L.P. 1923,

Barua pepe: ps@tamisemi.go.tz 41185

Unapojibu tafadhali taja:-

Kumb. Na. CB.297/400/01/124



DODOMAMji wa Serikali — Mtumba,
TAMISEMI, Nukushi: +255 26

DODOMA.

05 Septemba,
2024

Katibu Tawala wa Mkoa,
Ofisi ya Mkuu wa Mkoa, S.L.P. 5429,
DAR ES SALAAM.

Yah: KAMBI YA HUDUMA ZA MACHO

Tafadhali husika na somo hapo juu.

2. OR TAMISEMI imepokea barua kutoka shirika lisilo la Kiserikali la Majey Foundation linalosaidia kupeleka Madaktari Bingwa ikiomba kufanya kambi ya huduma za Macho katika Mkoa wa Dar es salaam Manispaa ya Kigamboni.
3. Huduma zitakazotolewa ni pamoja na Kupima Macho, Kupima Miwani, kutoa miwani ya kusomea na kufanya upasuaji wa Mtoto wa Jicho pale itakapobidi. Aidha, huduma hizi zitatolewa bila malipo kuanzia tarehe 04 - 06 Oktoba, 2024 katika Hospitali ya Manispaa ya Kigamboni.
4. Kwa barua hii, naomba umtaarifu Mkurugenzi Mtendaji wa Halmshauri ya Kigamboni ili kutoa ushirikiano kwa timu ya Wataalam hao ambayo itashirikiana na Wataalam wa Mkoa na Halmshauri husika.
5. Ninakushukuru kwa ushirikiano wako.

Dkt. Paul . Chaote
Kny: KATIBU MKUU

Nakala: Majey Foundation, SLP 80012,
DAR ES SALAAM.

Ndugulile drums for routine health check-ups

By AHMADA YAHAYA

THE newly elected World Health Organisation (WHO) Regional Director for Africa, Dr Faustine Ndugulile, has urged citizens to establish a routine health check-up to stay informed about their health status.

Dr Ndugulile made these remarks while launching a three-day eye treatment camp at Vijibweni Hospital in the Kigamboni District. The camp was organised by the LALJI Foundation in collaboration with the Lions Club of Dar es Salaam Host, providing treatments at no cost.

"It is essential to know your health status. Having key information about your health, including your weight, height, blood pressure and blood sugar levels, is crucial. Understanding your health condition can help you maintain it," said Dr Ndugulile.

"Some individuals have experienced eyesight issues due to high blood pressure or elevated blood sugar levels. Reaching this stage often means you were unaware of your health condition early enough. If you had known, you could have managed your blood pressure or sugar levels to prevent the prob-

lem. Therefore, building the habit of regular health check-ups is vital."

Dr Ndugulile encouraged residents of Kigamboni and surrounding areas to take advantage of the medical camp to improve their health and enhance their participation in daily activities.

"Eyes are a vital part of our health, enabling us to see and perform various activities. I hope more people will attend this camp. Everyone who attended this camp should invite others to benefit from this service. Let us encourage our friends and neighbours to come

and get checked, so we can build a healthy community that fully engages in daily activities," he stated.

Dr Ndugulile also urged the coordinators to continue organising such medical camps, emphasising their importance to the community.

"Medical camps like this are crucial for our community. I urge that we continue conducting these camps and invite specialist doctors to address other health issues, ensuring the community continues to benefit. We should make these camps sustainable and provide quality services to the public," he said.

On his part, Chairman of the LALJI Foundation, Mr Imtiaz Lalji expressed hopes of serving about 3,000 patients and encouraged Kigamboni residents to take advantage of this opportunity.

"We expect that by the end of this camp, we will have served at least 3,000 patients. We are grateful for the strong turnout from the residents of Kigamboni; it has been impressive," he noted.

Mr. Lalji added that such medical camps will be an ongoing initiative, held in various areas to ensure continued community benefit.

Mriso Bindo, a Kigamboni resident and beneficiary of the medical camp, thanked the organisers, highlighting the camp's role in facilitating health checks and calling for similar initiatives from other organisations.

"We thank all the institutions that made this medical camp possible. We received excellent services and are grateful to the doctors for their efficient treatment. We believe our health will improve. I urge other organisations to continue organising such medical camps, as they greatly benefit our community," said Mr Bindo.

DAILY NEWS

7TH OCTOBER 2024

ACTIVITY PHOTOS



Registration on Medical Camp Vijibweni Hospital Kigamboni



Pressure test



Eye screening



Eye examining



The doctor make awareness on how to protect the eye after surgery.



Dr Faustine Ndugulile, Lalji Foundation with Lions International Clubs



HABARI

3000 CITIZENS BENEFIT FROM FREE EYE CAMP AT VIJIBWENI - KIGAMBONI